

RESOURCES FOR 1815 PARTNERS IN RESPONSE TO COVID-19



WEST VIRGINIA DIVISION OF HEALTH PROMOTION AND CHRONIC DISEASE

Advocating for Chronic Disease Management and Prevention

Continue CDC recognized lifestyle change programs through distance learning

- NDPP: <https://nationaldppcsc.cdc.gov/s/article/Guidance-for-CDC-Recognized-Organizations-COVID-19>
<https://dttagcommonground.ning.com/resources-covid-19-response-materials/recording-dttac-dialogue-from-the-distance>
- TOPS: <https://www.tops.org/tops/TOPS/Member/important-updates.aspx>
- Weight Watchers: <https://www.weightwatchers.com/us/find-a-meeting/>

Communicate with CDC Diabetes Prevention Recognition Program regarding timelines, updates, need for resources, etc.

- Organizations implementing NDPP, should notify CDC DPRP of their intentions by emailing: NationalIDPPAsk@cdc.gov
- Contact ADCES support at <https://www.diabeteseducator.org/about-adces/contact-aade>
- If data collection is delayed for the six month CDC data submission, your organization can use [this blank template](#) to stay on track for CDC recognition

Resources for addressing cardiovascular disease and diabetes

- American Heart Association resources for staying active, eating healthy, and reducing stress: <https://www.heart.org/en/about-us/coronavirus-covid-19-resources>
- Self-monitoring blood pressure: <https://www.youtube.com/watch?v=9O4EX1CuC5E>
- Diabetes: <https://www.diabetes.org/coronavirus-covid-19>
- My Diabetes Emergency Plan: <https://files.constantcontact.com/94b1c2a4701/fe417de3-af61-47e8-acc8-3a150f586d49.pdf>
- Personalized free workout videos: <https://www.fitnessblender.com/videos>
- Sit and be fit: https://www.youtube.com/channel/UCLgvl3aGzMByecNYtMcyK_g

Other Resources

- ADCES Guidance and Resources: <https://www.diabeteseducator.org/practice/practice-tools/app-resources/covid-19-information>
- ADCES Webinar on Telehealth Updates: <https://www.youtube.com/watch?v=ONMzKGc9IOQ>
- SMRC Guidance Webinar: <https://www.selfmanagementresource.com/index.php/resources/webinar-recordings-and-videos/>
- SMRC Guidance Flyer: https://www.selfmanagementresource.com/docs/pdfs/_programs_in_the_age_of_Corona_Virus.pdf

Communicate Best Practices & Barriers to Division of Health Promotion Chronic Disease

Examples of barriers:

- Difficulty collecting data from participants during COVID 19 Response
- Participants without devices adaptable to telemedicine

Examples of best practices:

- Recording meetings for those that miss to increase attendance
- Utilizing instructional video for self-monitoring blood pressure

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